

"I can't throw very well. I already couldn't throw in school when i was a child"

At this point I would like to say: "This statement does not apply!". Throwing and catching a boomerang is not magic and everyone can do it!

The short version:

Grasp the boomerang with your "throw hand" on the outside of one of the wings, so that you can see the topside. Then set the "standing leg" a little forward (righthanders the left leg, lefthanders the right leg). Now, run the boomerang swiftly from behind by forward - passing your head at shoulder height- and throw him forward away. At same time you completely stretch out your arm with a simultaneous small jerk by slightly bending of the wrist joint. The whole looks like the movement of throwing a stone.

That was the theory! ;-)

How to hold a boomerang in the correct way

During the most common grip, the "pinch grip", the wings of the boomerang is clamped firmly between thumb and forefinger.

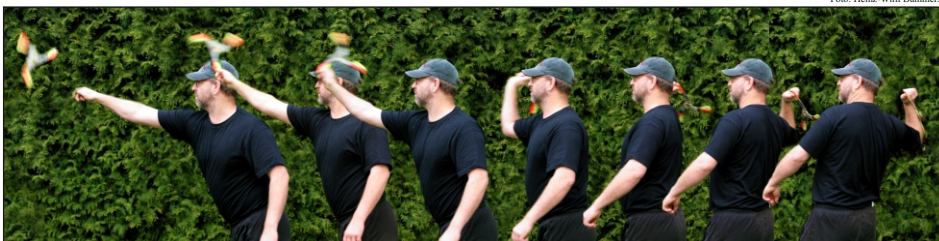


"Pinch Grip"



"Cradle Grip"

Using the so-called "Cradle grip" the wing is kept almost like the handle of a pistol with one or (more rarely) two fingers in front of the trailing edge of the boomerang wing. Will less frequent applied (usually at larger boomerangs).



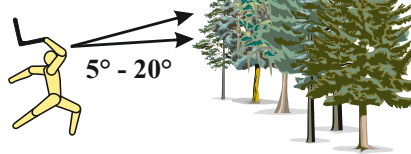
Here you can see how a good boomerang-throw should be. Don't give up when the boomerang at the beginning rises into the skies like a rocket. Or when it sticks in the ground in front of you - immediately after throw. Experienced throwers it also happened at the beginning. It will be better with every throw!

Foto: Heinz-Willi Dammers



Foto: Andreas Buttlar

The horizontal angle

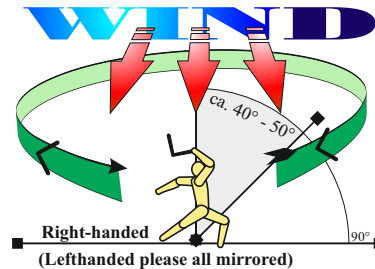


This angle should be between 5 ° u. 20 °. To assess this angle, trees are often a good help.

The wind angle

Another very important factor for a good boomerang flight is the correct wind angle.

On this picture is good to see that you have to throw out of the Wind 40-50 °. right-handed right, left-handed left.



Note: You have to stand that the wind blows into your face. Then turn a little to the right (or left) and it should already nearly be correct.

The inclination angle

This angle very often is assessed wrong by beginners. Correct is the position, which can be seen on the picture, a maximum tilt of about 0 ° to 10 ° to the side.

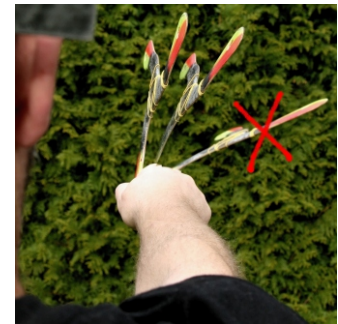


Foto: Heinz-Willi Dammers

Never (and I really mean NEVER!) keeping flat (red cross)!

Highest risk of crash and injury!

Catching the boomerang

Well - finally the point is come - You have to (and/or want) to catch at last.

Indeed you should have respect for a boomerang, but no fear! You have to grab courageously, by clapping your hands together, namely when the boomerang is between them.



Foto: Heinz-Willi Dammers

But please move yourself in this way, that the boomerang will fly past, if you don't catch it. Let drop if you are unsure to catch, certainly you will get a 2nd chance!



Foto: Heinz-Willi Dammers

SAFETY first!

- Make sure that you always have ample space for throwing - without any obstacles
- Make sure that no other uninvolved People and Animals are endangered
- Throw in a group always sequentially, never at the same time
- Warn others throwers before returning boomerangs which they do not see
- Watch always the boomerang, which is currently in the air
- Stop throwing, when the wind is too strong, at wind force 4 - 5 is final end
- Spectators can throw only after a detailed introduction
- Throw on a flat lawn area - your boomerangs and your joints will thank you for ever